

Pack Supplies
6 day supply

Breakfast 6, Lunch 6, Dinner 6 (No +1's)

1 can fuel, 1 sheet aluminum foil, bottle of oil
1 wilderness wipe pack, Paper Towels
6 Gator aids
6 coffee Bags, 5 tea bags, 1 trash bag, 1 zip lock
1 pack gum, 1 razor, 1 toothpaste, floss
4 packs Toilet paper (4 days per pack)
1 Bag cough drops (25)
1 Bio True Solution
Trail Maps & Trail Notes

(Breakfast Item) 1 Box Raisins, 2 cups
(1 Breakfast) 1 pack eggs, 1 hash brown, 1 veggie
(5 Breakfasts) 4 Apple/Cinnamon, 2 Cinnamon/Spice, 4 Maple/Brown
Sugar oatmeal

(6 Lunches) 6 Jerky Packs
(6 Lunches) 2 bags dried fruit & nut mix
(6 Lunch/Snacks) 12 Oats & Honey Granola Bars

(2 Dinners) 2 Tyson Chicken Packs, 2 veggie packs, 1 Chicken Broccoli
Rice Side, 1 Taco Rice Side.
(1 Dinner) 2 Salmon Packets, 1 veggie, 1 Chicken Flavor Ramen Pack
(1 Dinner) 2 Sweet & Spicy Tuna Packets, 1 veggie, 1 Chicken Flavor
Ramen Pack
(1 Dinner) 2 Lemon Pepper Tuna Packs, 1 veggie, 1 Alfredo Rice Side
(1 Dinner) Extra dehydrated REI Lasagna meal
(5 Dinner Desserts) 2 packs Biscotti Biscuits (packed 3 & 2)

Old Station
3 Day Supply
ETA: Friday, 7-8-16

Breakfast 3, Lunch 4, Dinner 3 (Includes +1's)

1 can fuel, 1 sheet aluminum foil
Paper Towels for cleaning dishes (6)
1 wilderness wipe pack
2 VO's, 3 gator aids
2 packs gum
1 Bio True Solution, Q-tip Resupply
1 toothpaste, 1 Bag Cough Drops (25)
1 BIC lighter, 1 razor, 1 bar soap
3 packs toilet paper (4 days per pack)
5 coffee bags, 3 tea bags, 1 trash bag & 1 zip lock bag
Trail Maps & Trail Notes

(Breakfast Item) 1 Box Raisins, 2 cups
(1 Breakfast) 1 egg, veggie & hash brown packets
(2 Breakfasts) 2 Maple/Brown Sugar, 1 Cinnamon/Spice, 1
Apple/Cinnamon oatmeal packs

(4 Lunch/Snacks) 8 oats & honey Granola Bars
(4 Lunch/Snacks) 8 Trail Mix Fruit & Nut Bars
(4 Lunch/Snack) 4 Jerky Packs
(3 Lunch/Snack) 1 pack dried fruit & nut mix

(2 Dinners) 2 Tyson Chicken Packet, 2 veggie packs, 1 Chicken Rice
Side, 1 Cheddar Broccoli Rice Side
(1 Dinner) 2 Salmon packets, 1 veggie, 1 Chicken Flavor Ramen Pack
(3 Dinner Desserts) 1 Pack Biscotti biscuits

Burney Falls General Store
5 Day Supply ETA: Monday, 7-11-16
\$7.00 cash pickup fee (2 boxes)

Breakfast 6, Lunch 6, Dinner 6 (includes + 1)

1 can fuel, 1 sheet aluminum foil, bottle of oil
6 gator aids, 2 VO's
1 NUUN Active re-hydration tablet tube (15 tablets, 2 per liter serving)
1 Wilderness wipe packet, Water Tablets (30)
2 packs gum, 1 package cough drops (25)
1 Bio True solution, 1 bar soap, Matches Resupply
1 toothpaste, 1 BIC lighter, 1 razor, Q-tip resupply
4 packets toilet paper (4 days per pack)
8 coffee bags, 6 tea bags, 1 trash bag 1 zip lock bag
Trail Maps & Trail Notes

(Breakfast Item) 1 Box Raisins (2 cups)
(2 Breakfasts) 2 egg, 2 hash browns, 2 veggie packs
(4 Breakfasts) 2 Apple/Cinnamon, 2 Cinnamon/ & Spice, 4
Maple/Brown Sugar oatmeal packs

(6 Lunch/Snack) 12 oats & honey granola bars
(6 Lunch/Snack) 12 Trail Mix Fruit & Nut Bars
(6 Lunches) 6 jerky packs, 2 packs dried fruit & nut mix

(2 Dinners) 2 Tyson Chicken packets, 2 veggie packs, 1 Mexican Rice Side, 1 Chicken Broccoli Rice Side
(1 Dinner) 2 salmon packets, 1 veggie, 1 chicken flavor Ramen packet
(1 Dinner) 2 Mexican style tuna packets, 1 veggie, 1 Hot & Spicy Chicken Ramen packet
(1 Dinner) 2 Sun-dried Tomato Tuna packs, 1 veggie, 1 Shrimp Ramen
(1 Dinner) 2 herb & garlic tuna packs, 1 veggie, 1 Parmesan Rice Side
(6 Dinner Desserts) 2 packages Biscotti biscuits

Castella, Ammarati's Market
6 Day Supply ETA: Sunday, 7-17-16
2 Boxes

Breakfast 7, Lunch 6, Dinner 6 (No +1's)

1 can fuel, 1 sheet aluminum foil, Spices
1 NUUN All day Drink tablets (2 per liter serving)
1 Wilderness Wipe Packet, Water Tablets (30)
2 VO's, 6 Gator Aids
1 Bio True Solution, two pair insoles
1 toothpaste, 2 packs gum, 1 bag cough drops (25)
1 BIC lighter, 1 Razor, 1 bar soap
10 coffee bags, 6 tea bags, 1 trash bag, 1 zip lock bag
4 packets toilet paper (4 days per pack)
Trail Maps & Trail Notes

(Breakfast Item) 1 Box Raisins (2 cups)
(2 Breakfasts) 2 eggs, 2 hash browns, 2 veggie packs
(5 Breakfasts) 2 Apple/Cinnamon, 3 Cinnamon/Spice, 5 Maple/Brown
Sugar oatmeal packets

(6 Lunch/Snacks) 12 oats & honey granola bars
(6 Lunch/Snacks) 12 Trail Mix Fruit & nut bars
(6 Lunches) 6 jerky packs & 2 packs dried fruit & nut mix

(2 Dinners) 2 Tyson Chicken packs, 2 veggie, 1 Spanish Rice Side, 1
Parmesan Rice Side
(2 Dinners) 4 Pink Salmon Packets, 2 veggie, 1 Chicken Flavor Ramen,
1 Alfredo Pasta Side
(1 Dinner) 2 Herb & Garlic Tuna packs, 1 veggie, 1 Chicken Ramen
(1 Dinner) 2 Lemon Pepper Tuna packs, 1 veggie, 1 Butter Side Pasta
(6 Dinner Desserts) 2 packs Biscotti biscuits

Etna, Alderbrook Manor
3 Day Supply ETA: Monday, 7-25-16

Breakfast 4, Lunch 4, Dinner 4 (Includes +1's)

1 can fuel, 1 sheet aluminum foil, bottle of oil
1 Wilderness Wipe Packet, paper Towels (6)
2 VO's, 4 Gator Aids
2 packs gum, 1 toothpaste, 1 bag cough drops (25)
1 Bio True Solution, Q-tip resupply
1 BIC lighter, 1 Razor, 1 bar soap
4 coffee bags, 4 tea bags, 1 trash bag, 1 zip lock bag
2 Packs toilet paper (4 days per pack)
Trail Maps & Trail Notes

(Breakfast Item) 1 Box Raisins (2 cups)
(1 Breakfast) 1 egg, 1 hash brown, 1 veggie pack
(3 Breakfasts) 3 Maple/Brown Sugar, 2 Apple/Cinnamon, 1
Cinnamon/Spice oatmeal packs

(4 Lunch/Snack) 8 Oats & Honey granola bars
(3 Lunch/Snack) 6 Trail Mix Fruit & Nut bars
(4 Lunches) 4 jerky packs
(3 Lunches) 1 pack dried fruit & nut mix

(1 Dinner) 1 Tyson Chicken packet, 1 veggie, 1 Mexican Rice Side
(1 Dinner) 2 Pink Salmon packets, 1 veggie, 1 Chicken Ramen Pack
(1 Dinner) 2 Sun-dried Tomato tunas, 1 veggie, 1 Chicken Broccoli Rice
Side
(1 Dinner) Extra REI Dehydrated Chicken meal
(3 Dinner desserts) 1 pack Biscotti biscuits

Seiad Valley
4 day Supply ETA: Saturday, 7-30-2016

Breakfast 4, Lunch 4, Dinner 4 (+1's not included)

1 can fuel, 1 sheet aluminum foil
1 Wilderness Wipe Packet
2 VO's, 4 Gator Aids
1 pack gum, 1 bag cough drops (25)
1 Bio True Solution
1 toothpaste
1 BIC lighter
1 Razor, 1 bar soap
4 coffee bags, 4 tea bags, 1 trash bag, 1 zip lock bag
2 Packs toilet paper (4 days per pack)
Trail Maps & Trail Notes

(Breakfast Item) 1 Box Raisins, 2 cups
(1 Breakfast) 1 egg, 1 hash brown, 1 veggie packs
(3 Breakfasts) 3 Maple/Brown Sugar, 2 Apple/Cinnamon, 1
Cinnamon/Spice Oatmeal

(4 Lunch/Snack) 8 Oats & Honey granola bars
(4 Lunch/Snack) 8 Trail Mix Fruit & nut bars
(5 Lunches) 5 Jerky packs
(4 Lunches) 1 pack Dried Fruit & Nut mix

(1 Dinner) 1 Tyson Chicken pack, 1 veggie, 1 Chicken Rice Side
(1 Dinner) 2 Pink Salmon packets, 1 veggie, 1 Chicken Flavor Ramen
(1 Dinner) 2 Herb & Garlic Tuna packs, 1 veggie, 1 Alfredo Rice Side
(1 Dinner) 1 Double Tuna pack, 1 veggie, 1 Parmesan Rice Side
(5 Dinner desserts) 2 packs Biscotti biscuits