

Start Point: Belden

Trail access desc: on trail
Guidebook start location: (on trail)
Depart: 7-3-16 (Sun)

Plan Overview Notes:

Depart from Belden

Pack Supply Notes:

Breakfast: 5+1
 Lunch: 6+1
 Dinner: 5+1

1. Belden to Old Station (5.5 days)

7-3-16 to 7-9-16

88.5 mi 16.0 mi/day
 10,330 ft EG 1,864 ft/day

Old Station resupply exit

Exit pt: Old Station access trail
Detour: .3mi trail

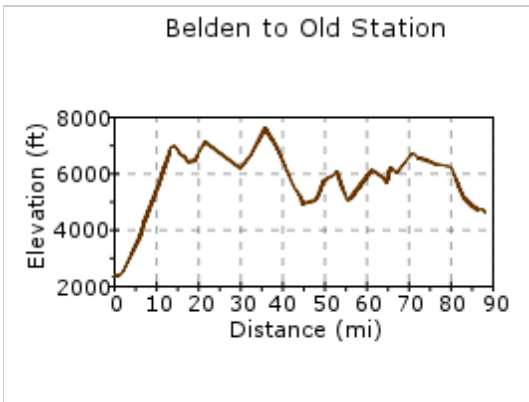
CA guidebook: M, N

Arrive: 7-8-16 (Fri)

Adjustments: none

Layover: 0.5 days

Depart: 7-9-16 (Sat)



Notes:

Resupply Location: Old Station PO, Pat & Karen Martin, c/o General Delivery, Old Station, CA 96071. Physical address: 12529 State Hwy 44/89. M-F 11-3 Sat 1-3 (On Sat, knock on door for pickup) Phone: 530-335-7191 Talked to postmaster on May 26, 2016. Print name on sides of box for storage. There is snow to the south now, but should melt by early July.

Resupply Box Notes:

Breakfast: 2+1
 Lunch: 3+1
 Dinner: 2+1

Cumulative distance: 88.5 mi

2. Old Station to Burney Falls SP (2.5 days)

7-9-16 to 7-12-16

45.9 mi 18.0 mi/day
 1,457 ft EG 571 ft/day

Burney Falls SP resupply exit

Exit pt: (on trail)
Detour: on trail

CA guidebook: N

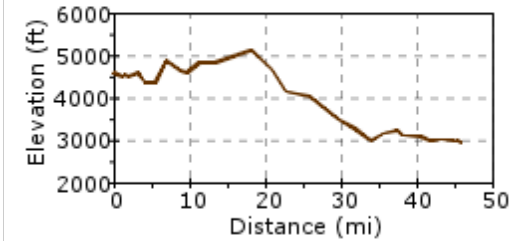
Arrive: 7-11-16 (Mon)

Adjustments: none

Layover: 0.5 days

Depart: 7-12-16 (Tue)

Old Station to B. Falls SP



Notes:

Resupply Location: Burney Falls General Store. Pat & Karen Martin, c/o Burney Falls General Store, 24900 Hwy 89, Burney, CA 96013. Hours: 8-8 Sun-Sat. Phone: 530-335-5713. \$7.00 cash pickup fee. Mail package via Priority Mail. Talked to clerk May 26, 2015.(Safeway in town)

Resupply Notes:

Breakfast: 5+1
Lunch: 5+1
Dinner: 5+1

Cumulative distance: 134.4 mi

3. Burney Falls SP to Castella (5.1 days)

7-12-16 to 7-19-16

82.9 mi 16.4 mi/day
8,000 ft EG 1,583 ft/day

CA guidebook: O

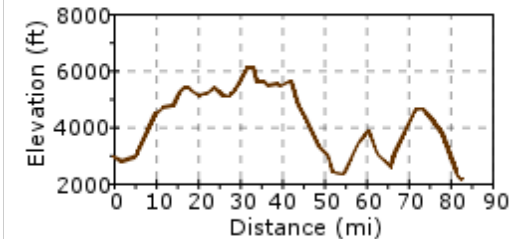
Adjustments: none

Castella resupply exit

Exit pt: Interstate 5 crossing
Detour: 2.0mi road

Arrive: 7-17-16 (Sun)
Layover: 1.9 days
Depart: 7-19-16 (Tue)

B. Falls SP to Castella



Notes:

Resupply Location: Ammarati's Market, 20107 Castle Creek Road, Castella, CA 96017, Please Hold for Pat & Karen Martin. Phone: 530-235-2676. Hours: 8am-9pm Sun-Sat. No pickup fee. Mark side of box with name for storage. Talked to clerk May 26, 2016. This is in Castle Crag State Park area. PCT camping is \$3.00 a night. No reservations needed. Phone: 530-235-2684 Post office @ 20115 Castle Creek Road, M-F 8:30-5:00 Sat 8:30-10 Phone 530-235-4413

Resupply Box Notes:

Breakfast: 6+1
Lunch: 6+1
Dinner: 6+1

Cumulative distance: 217.3 mi

4. Castella to Etna (6.2 days)

7-19-16 to 7-27-16

99.8 mi 16.1 mi/day
11,144 ft EG 1,795 ft/day

CA guidebook: P

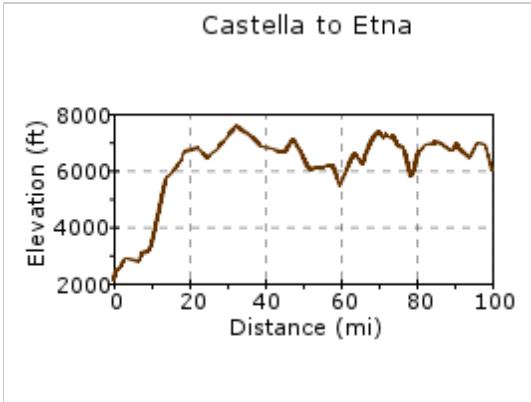
Adjustments: none

Etna resupply exit

Exit pt: Sawyers Bar Road
Detour: 10.4mi road

Arrive: 7-25-16 (Mon)
Layover: 1.8 days

Depart: 7-27-16 (Wed)



Notes:

Alderbrook Manor B&B & Hikers Hut Offers shuttle service to and from trail. Fee is \$20.00, no cell coverage at summit where we get off trail. Most hitchhike in. Call back when we get close. Phone: 530-467-3817 Physical Address: 836 Sawyers Bar Road, Etna, CA 96027.
 Resupply Notes:
 Breakfast: 3+1
 Lunch: 3+1
 Dinner 3+1

Cumulative distance: 317.1 mi

5. Etna to Seiad Valley (3.3 days)

7-27-16 to 7-31-16

55.8 mi 16.9 mi/day
 4,165 ft EG 1,262 ft/day

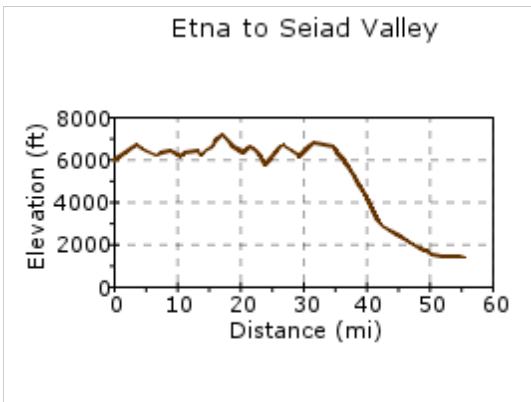
CA guidebook: **Q**

Adjustments: none

Seiad Valley resupply exit

Exit pt: (on trail)
Detour: on trail

Arrive: 7-30-16 (**Sat**)
Layover: 0.7 days
Depart: 7-31-16 (**Sun**)



Notes:

Resupply Location: Seiad Valley Post Office. Pat & Karen Martin, c/o General Delivery, Seiad Valley, CA 96086. Physical Address: 44717 State Hwy 96. Phone: 530-496-3211 M-F noon-4 Sat noon-1:30p.

Resupply Notes:
 Breakfast: 4+1
 Lunch: 5+1
 Dinner: 4+1

Cumulative distance: 372.9 mi

6. Seiad Valley to Callahan's Lodge (4.2 days)

7-31-16 to 8-4-16

64.2 mi 15.2 mi/day
 10,002 ft EG 2,364 ft/day

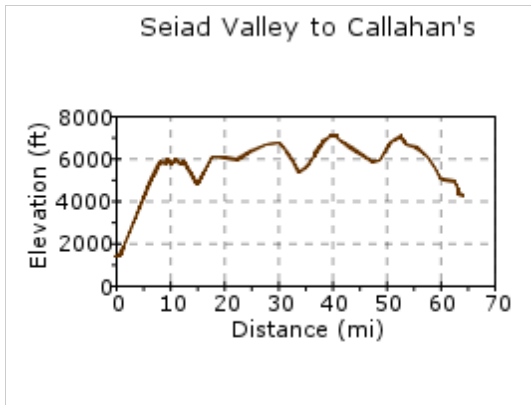
CA guidebook: **R**

Adjustments: none

Callahan's Lodge finish

Exit pt: Old Highway 99
Detour: .8mi road

Arrive: 8-4-16 (Thu)
(finish)

**Notes:**

Finish Callahan's Lodge, 7100 Old Hwy 99,
Ashland, OR 97520. Phone: 800-286-0507
or 541-482-1299. email:
info@callahanslodge.com

Resupply Notes:

No More Resupply needed: end of the trip!
Spend the night, head home on next day.

Cumulative distance: 437.1 mi

Belden to Callahan's Lodge

7-3-16 to 8-4-16
(northbound hike)

Days

26.9 days walking
0.0 on trail layover days
5.3 in town layover days
(2.0 in town "zero" days)

32.2 Total days

Averages

without layovers:

16.3 mi/day
1,677 ft/day

with layovers:

13.6 mi/day
1,399 ft/day

Trail

Base Distance: 437.1 mi
Extra Distance: 0.0 mi
Total Distance: 437.1 mi

Base Elevation gain: 45,098 ft
Extra EG: 0 ft
Total Elevation gain: 45,098 ft

Resupply count: 5